

GCSE PHYSICAL EDUCATION

EXAMINING BOARD: AQA

Course Content:

GCSE Physical Education is a comprehensive two year course which covers all aspects of Sport and Physical Education, both academic and practical. While the course does require a certain degree of fitness and ability in a range of sports it also necessitates a lot of hard work in order to gain a good grade.

You will study ...

- **Practical Work:** Students are assessed on their ability to perform four practical activities, selected from the following: soccer, basketball, netball, badminton, swimming, gymnastics, athletics, volleyball, rounders, trampolining and orienteering. Each sport is assessed in a practical situation. Students will be asked to analyse one sport and evaluate and improve individual performance.
- **Written Academic Work:**
 - ◆ **Health Related Exercise:** This covers all aspects of health and fitness: Diet, Exercise, Hygiene, Prevention of Injury and Safety. Students will study how the body works and moves, and they will investigate methods of training to improve levels of performance.
 - ◆ **Sport and Society:** This will include the history of sport, the roles and attitudes of people in games and sport, and the provision of sporting facilities locally and nationally. Students will look at the role of sports councils, the effect of media and sponsorship on sport, and political and financial issues related to international sporting events, e.g. the Olympic Games.

You will be assessed in the following way ...

- Multiple Choice questions
- Short Answer questions
- Scenario based questions
- 1½ hour exam

Terminal examination

- **Paper 1:** (Practical Assessment) 60%
- **Paper 2:** (Written Paper) 2 hours 40%



Future Prospects:

Physical Education is useful for: Aerobics Teaching; Coaching; Armed Forces; Fire-fighter; Forestry work; Golf green-keeping; Ground Staff; Health and Fitness Instructor; Leisure Centre/ Recreation Management; Life Guard; Physiotherapy; Police Service; Sports Centre Assistant; Teaching; Youth Club Work, etc.